**2013-2014**

**Pathways Four-Year Plan: Health Education PreK-12 (BS)**

Department of Health and Physical Education

School of Health & Behavioral Sciences

**The goal of a Four-Year Plan is to ensure that students graduate with no more than 120 credits and in four years.**

* All students should speak with an academic advisor about their academic programs.
* Students are encouraged to **take Winter and Summer courses** to facilitate their progress towards graduation.
* Transfer students do not need to take all courses in the plan; they should consult with an academic advisor.

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **First Year – Fall** | **15** | **First Year – Spring** | **15** |
| English 125 | 3.0 | English 126 | 3.0 |
| Life and Physical Sciences (choose any one) | 3.0 | Mathematics 111 | 4.0 |
| Health Education 111 | 3.0 | Foreign Languages\*  | 3.0 |
| World Culture and Global Issues (choose any one) | 3.0 | Scientific World : Biology 120 | 3.0 |
| US Diversity in its Experience (choose any one) | 3.0 | Health Education 201 | 2.0 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Second Year – Fall** | **16** | **Second Year – Spring** | **16** |
| Biology 281 | 4.0 | Individual and Society (choose one)  | 3.0 |
| Foreign Languages\* | 3.0 | Writing 303 | 3.0 |
| Creative Expression (choose one) | 3.0 | Health Education 314 | 2.0 |
| Health Education 219 | 3.0 | Health Education 312 | 3.0 |
| Health Education 223 | 2.0 | Education 280 | 3.0 |
| Health Education 224 | 1.0 | Education 230 | 2.0 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Third Year – Fall** | **16** | **Third Year – Spring**  | **16** |
| Education 283 | 4.0 | Mathematics 271\*\* | 4.0 |
| Health Education 241 | 3.0 | Health Education 331 | 3.0 |
| Sociology/Philosophy 202  | 3.0 | Health Education 316 | 3.0 |
| Health Education 321 | 3.0 | Education 340 | 3.0 |
| Flexible Core (choose one course in any area) | 3.0 | Education 395 | 3.0 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Fourth Year – Fall**  | **14** | **Fourth Year – Spring**  | **12** |
| Education 397 | 4.0 | Elective (Health Education) | 3.0 |
| Electives (Health Education) | 2.0 | Education 418 | 3.0 |
| Health Education 481 | 3.0 | Education 419 | 3.0 |
| Health Education 342 | 3.0 | Health Education 363 | 3.0 |
| Health Education 315 | 2.0 |  |  |

**Students who start at York are required to take three Writing Intensive (WI) courses: two in the lower division (100-200 level) and one in the upper division (300-400 level). Transfer students should consult with an advisor about their WI requirements.**

**york.cuny.edu/pathways**

**Total credits needed to graduate 120**

**Notes**

\* Placement by Foreign Languages Dept. Room 3C08

\*\* Majors must complete 2 Mathematics courses, MATH 111 and a second Mathematics course selected from MATH 271 or among the Mathematical and Quantitative Reasoning courses

**B.S. students must complete 60 credits of liberal arts – see Bulletin.**

**FOR MORE INFORMATION:**

**Department of Health & Physical Education and Gerontological Studies and Services,**

**HPE Complex Room 201, (718) 262-5101**