



Pathways Four-Year Plan 2015-2016

Movement Science (BS)

Department of Health & Physical Education
School of Health Sciences & Professional Programs
Room HP-203 | (718) 262-2607

The following is a **suggested** plan of study for completion of this degree program. The goal of a Four-Year Plan is to ensure that students graduate with no more than 120 credits and in four years.

- All students should speak with an academic advisor about their academic programs. **This document is not a substitute for academic advisement.**
- Students are encouraged to take Winter and Summer courses to facilitate their progress towards graduation.
- Transfer students do not need to take all courses in the plan; they should consult with an academic advisor.

	Credits		Credits
First Year – Fall	15	First Year – Spring	15
English Composition (EC): English 125	3	English Composition (EC): English 126	3
College Option (CO): Health Education 111	3	Mathematical & Quantitative Reasoning (MQR): Math 111 (Prerequisite)	4
Life & Physical Science (LPS) course	3	College Option: Foreign Language+	3
World Cultures & Global Issues (WCGI) course	3	Scientific World (SW): Biology 120 (Prerequisite)	3
US Experience in its Diversity (USED) course	3	Physical Education 150	2
Second Year – Fall	15	Second Year – Spring	15
Biology 281	4	Individual & Society (IS) course	3
Creative Expression (CE) course	3	Physical Education 350	2
College Option (CO): Foreign Language+	3	Physical Education 362	3
Physical Education 215	3	One additional Flexible Core course	3
Physical Education Skills courses#	2	Physical Education Skills course#	1
		Elective	3
Third Year – Fall	15	Third Year – Spring	15
Physical Education 358	3	Physical Education 365 (WI)	3
Physical Education 363	3	Physical Education 452	3
Physical Education Concentration courses*	6	Physical Education Concentration courses*	6
College Option (CO): Writing 300 or 200+ WI	3	Elective	3
Fourth Year – Fall	15	Fourth Year – Spring	15
Physical Education Concentration courses*	4	Physical Education Concentration courses*	4
Physical Education Skills courses#	2	Physical Education Skills course#	1
Electives (Liberal Arts)	9	Electives	10

- York students are required to complete (pass) three (3) Writing intensive (WI) courses: two (2) in the lower division (100-200 level) and one (1) in the upper division (300-level).
- If you transferred to York College with credit for General Education requirements, you must still complete one (1) WI course in the upper division within your major. If your major has no upper division WI course, you must take a WI course chosen in consultation with your major advisor.
- B.S. students must complete 60 credits of liberal arts – See Bulletin.

+Foreign Language courses are determined through placement by the Foreign Language Department, Room 3C08.

#Students in the Movement Science major must complete 6 crs of Physical Education Skills courses.

*All Movement Science majors must choose a concentration in either Community Coaching/Personal Training or Athletic Training, and complete 20 crs of courses in their chosen concentration.