**2015-2016**

**Four-Year Plan:** [**Community Health Education (BS)**](https://www.york.cuny.edu/produce-and-print/contents/bulletin/school-of-health-and-behavioral-sciences/health-and-physical-education/community-health-education-bs)

Department of Health and Physical Education

School of Health Sciences & Professional Programs | York College | CUNY

Room HP-203 | (718) 262-5108

The following is a suggested plan of study for completion of this degree program. The goal of a Four-Year Plan is to ensure that students graduate with no more than 120 credits and in four years.

* All students should speak with an academic advisor about their academic programs. This document is not a substitute for academic advisement.
* Students are encouraged to take Winter and Summer courses to facilitate their progress towards graduation.
* Transfer students do not need to take all courses in the plan; they should consult with an academic advisor.

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **First Year – Fall** | **15** | **First Year – Spring** | **15** |
| English Composition (EC): English 125 | 3 | English Composition (EC): English 126 | 3 |
| College Option (CO): Health Education 111 | 3 | Mathematical & Quantitative Reasoning (MQR) course\* | 4 |
| Life & Physical Science (LPS) course | 3 | Scientific World (SW): Psychology 102 (Prerequisite) | 3 |
| World Cultures & Global Issues (WCGI) course | 3 | College Option (CO): Foreign Language+ | 3 |
| US Experience in its Diversity (USED) course | 3 | Health Education 201 | 2 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Second Year – Fall** | **15** | **Second Year – Spring** | **15** |
| Scientific World (SW): Biology 120 (Prerequisite) | 3 | Health Education 219 | 3 |
| College Option (CO): Foreign Language+ | 3 | Psychology elective\*\* | 3 |
| Creative Expression (CE) course | 3 | Biology 281 | 4 |
| Individual & Society (IS) course | 3 | Electives (or choose a minor) | 6 |
| Health Education 223 | 2 |  |  |
| Health Education 224 | 1 |  |  |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Third Year – Fall** | **15** | **Third Year – Spring** | **15** |
| Health Education 321 | 3 | Health Education 331 (WI) | 3 |
| College Option (CO): Writing 303 (Prerequisite) | 3 | Major discipline elective\*\*\* | 6 |
| Psychology elective\*\* | 3 | Electives (or choose a minor) | 6 |
| Major discipline electives\*\*\* | 6 |  |  |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Fourth Year – Fall** | **14** | **Fourth Year – Spring** | **15** |
| Health Education 481 | 3 | Health Education 471-474 (Fieldwork) | 6 |
| Electives (or choose a minor) | 11 | Electives (or choose a minor) | 9 |

* York students are required to complete (pass) three (3) Writing intensive (WI) courses: two (2) in the lower division (100-200 level) and one (1) in the upper division (300-level).
* If you transferred to York College with credit for General Education requirements, you must still complete one (1) WI course in the upper division within your major. If your major has no upper division WI course, you must take a WI course chosen in consultation with your major advisor.
* B.S. students must complete 60 credits of liberal arts – See Bulletin.

\*Students planning to take HE365 or PH320 to fulfill major discipline electives should take MATH111 for their Mathematical & Quantitative Reasoning (MQR) course.  
+Foreign Language courses are determined through placement by the Foreign Language Department, Room 3C08.  
\*\*Students in the CHE major are required to complete two (6 crs. total) of the following Psychology courses: PSY215, PSY216, PSY283, PSY332, PSY338  
\*\*\*Students in the CHE major must complete 12 credits from the following major discipline elective courses: HE211, HE241, HE312, HE313, HE314, HE315, HE316, HE317, HE341, HE342, PE358, HE365, HE420, HE450, HE452, PH201, PH210, PH285, PH320