**2015-2016**

**Four-Year Plan:** [**Health Education PreK-12 (BS)**](http://www.york.cuny.edu/produce-and-print/contents/bulletin/school-of-health-and-behavioral-sciences/health-and-physical-education/health-education-bs)

Department of Health and Physical Education

School of Health Sciences & Professional Programs | York College | CUNY

Room HP-203 | (718) 262-2607

The following is a suggested plan of study for completion of this degree program. The goal of a Four-Year Plan is to ensure that students graduate with no more than 120 credits and in four years.

* All students should speak with an academic advisor about their academic programs. This document is not a substitute for academic advisement.
* Students are encouraged to take Winter and Summer courses to facilitate their progress towards graduation.
* Transfer students do not need to take all courses in the plan; they should consult with an academic advisor.

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **First Year – Fall** | **16** | **First Year – Spring** | **15** |
| English Composition (EC): English 125 | 3 | English Composition (EC): English 126 | 3 |
| College Option (CO): Health Education 111 | 3 | Life & Physical Science (LPS) course | 3 |
| Mathematical & Quantitative Reasoning (MQR): Math 111 (prerequisite) | 4 | Scientific World (SW): Biology 120 (prerequisite) | 3 |
| World Cultures & Global Issues (WCGI) course | 3 | Health Education 201 | 2 |
| US Experience in its Diversity (USED) course | 3 | Mathematics 271 | 4 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Second Year – Fall** | **17** | **Second Year – Spring** | **15** |
| Biology 281 (prerequisite) | 4 | Health Education 223 | 2 |
| Sociology 202 OR Philosophy 202 (WI) | 3 | Health Education 224 | 1 |
| Education 230 | 2 | Health Education 241 | 3 |
| Education 280 | 3 | Health Education 315 | 2 |
| Health Education 219 | 3 | Health Education 321 | 3 |
| Health Education 314 | 2 | Education 283 | 4 |
| Writing Workshop (Offered by Dept of Teacher Ed) |  |  |  |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Third Year – Fall** | **17** | **Third Year – Spring** | **16** |
| Health Education 312 | 3 | College Option (CO): Writing 300 or 200+ WI | 3 |
| Health Education 316 | 3 | Health Education 363 | 3 |
| Health Education 342 | 3 | Health Education 331 | 3 |
| Education 340 | 3 | Creative Expression (CE) course | 3 |
| Education 395 | 3 | Education 397 | 4 |
| HE or PH course\* | 2 |  |  |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Fourth Year – Fall** | **12** | **Fourth Year – Spring** | **12** |
| College Option (CO): Foreign Language+ | 3 | College Option (CO): Foreign Language+ | 3 |
| Individual & Society (IS) course | 3 | Education 419 | 3 |
| Education 418 | 3 | One additional Flexible Core course | 3 |
| Health Education 481 | 3 | HE or PH course\* | 3 |

* York students are required to complete (pass) three (3) Writing intensive (WI) courses: two (2) in the lower division (100-200 level) and one (1) in the upper division (300-level).
* If you transferred to York College with credit for General Education requirements, you must still complete one (1) WI course in the upper division within your major. If your major has no upper division WI course, you must take a WI course chosen in consultation with your major advisor.
* B.S. students must complete 60 credits of liberal arts – See Bulletin.

+Foreign Language courses are determined through placement by the Foreign Language Department, Room 3C08.

\*Health Education PreK-12 students must take 5 additional credits of Health Education or Public Health courses.