**2015-2016**

**Four-Year Plan:** [**Gerontological Studies & Services (BS)**](http://www.york.cuny.edu/produce-and-print/contents/bulletin/school-of-health-and-behavioral-sciences/health-and-physical-education/gerontological-studies-services-bs)

Department of Health and Physical Education

School of Health Sciences & Professional Programs | York College | CUNY

Room HP-203 | (718) 262-2607

The following is a suggested plan of study for completion of this degree program. The goal of a Four-Year Plan is to ensure that students graduate with no more than 120 credits and in four years.

* All students should speak with an academic advisor about their academic programs. This document is not a substitute for academic advisement.
* Students are encouraged to take Winter and Summer courses to facilitate their progress towards graduation.
* Transfer students do not need to take all courses in the plan; they should consult with an academic advisor.

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **First Year – Fall** | **15-16** | **First Year – Spring** | **14-15** |
| English Composition (EC): English 125 | 3 | English Composition (EC): English 126 | 3 |
| College Option (CO): Health Education 111 | 3 | Mathematical & Quantitative Reasoning (MQR) course\* | 3-4 |
| Life & Physical Science (LPS) course | 3-4 | Scientific World (SW): Psychology 102 (Prerequisite) | 3 |
| World Cultures & Global Issues (WCGI): Anthropology 101 (Prerequisite) | 3 | Individual & Society (IS): Sociology 101 (Prerequisite) | 3 |
| US Experience in its Diversity (USED): Political Science 103 (Prerequisite) | 3 | Health Education 201 | 2 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Second Year – Fall** | **15** | **Second Year – Spring** | **15** |
| Creative Expression (CE) course | 3 | Gerontology 201 | 3 |
| College Option (CE): Foreign Language+ | 3 | College Option (CO): Foreign Language+ | 3 |
| Gerontology 101 | 3 | Health Education 321 | 3 |
| Health Education 223 | 2 | Social Work 203 | 3 |
| Health Education 224 | 1 | Physical Education 353 | 2 |
| Social Work 101 (Prerequisite) | 3 | Health Education 200 | 1 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Third Year – Fall** | **15** | **Third Year – Spring**  | **15** |
| Gerontology 210 | 3 | Health Education 331 (WI) | 3 |
| Health Education 341 | 3 | Gerontology 301 | 3 |
| Social Work 293 (Prerequisite) | 3 | Psychology 280 | 3 |
| College Option (CO): Writing 303^ | 3 | Gerontology elective\*\* | 3 |
| Psychology 215 (Prerequisite) | 3 | Psychology 216 (Prerequisite) | 3 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Fourth Year – Fall**  | **14** | **Fourth Year – Spring**  | **15** |
| Health Education 471 and 473 | 3 | Health Education 472 and 474 | 3 |
| Social Work 300 | 3 | Health Education 481 | 3 |
| Psychology 283 | 3 | One additional Flexible Core course | 3 |
| Gerontology elective\*\* | 3 | Elective (Liberal Arts) | 3 |
| Elective (Liberal Arts) | 3 | Elective (Liberal Arts) | 3 |

* York students are required to complete (pass) three (3) Writing intensive (WI) courses: two (2) in the lower division (100-200 level) and one (1) in the upper division (300-level).
* If you transferred to York College with credit for General Education requirements, you must still complete one (1) WI course in the upper division within your major. If your major has no upper division WI course, you must take a WI course chosen in consultation with your major advisor.
* B.S. students must complete 60 credits of liberal arts – See Bulletin.

\*Students planning to take HE365 to fulfill one Gerontology elective should take MATH111 for their Mathematical & Quantitative Reasoning (MQR) course.
+Foreign Language courses are determined through placement by the Foreign Language Department, Room 3C08.
^WRIT303 is a required course for the Gerontological Studies and Services major, and also fulfills a portion of the College Option requirements
\*\*Students in the Gerontological Studies and Services major are required to complete two (6 crs. total) of the following Gerontology elective courses: ANTH302, BIO283, HE365, PE322, POL273, PSY381, SOC236